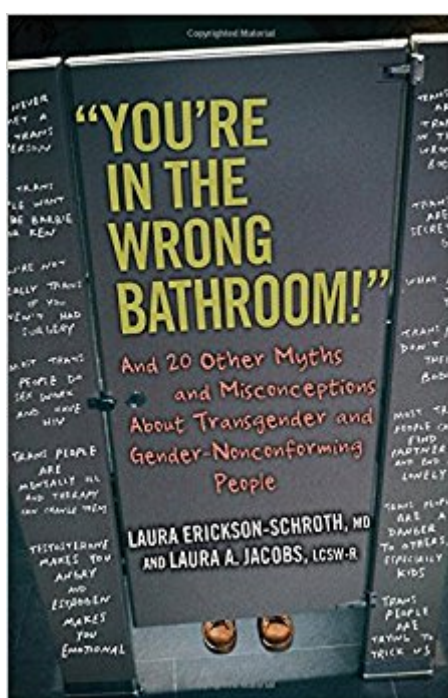


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# "You're In The Wrong Bathroom!": And 20 Other Myths And Misconceptions About Transgender And Gender-Nonconforming People



## Synopsis

Debunks the twenty-one most common myths and misperceptions about transgender issues From Laverne Cox and Caitlyn Jenner to Thomas Beatie (the pregnant man) and transgender youth, coverage of trans lives has been exploding yet so much misinformation persists. Bringing together the medical, social, psychological, and political aspects of being trans in the United States today, *You're in the Wrong Bathroom! And 20 Other Myths About Transgender and Gender-Nonconforming People* unpacks the twenty-one most common myths and misconceptions about transgender and gender-nonconforming people. Authors Laura Erickson-Schroth, MD, a psychiatrist, and Laura A. Jacobs, LCSW-R, a psychotherapist, address a range of fallacies: Trans People Are Trapped in the Wrong Body • You're Not Really Trans If You Haven't Had the Surgery • Trans People Are a Danger to Others, Especially Children Trans People Are Mentally Ill and Therapy Can Change Them Trans People and Feminists Don't Get Along

## Book Information

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## Customer Reviews

"The writing is clear, honest, and sensitive to the transgender population...A timely and worthwhile purchase for libraries as well as middle- and high-school counseling offices, community centers, and places of worship." • Booklist, Starred Review "This timely publication addresses much of the misinformation about the trans community that persists despite increasing media coverage both popular and serious. The authors scrupulously present the range of different positions on each issue addressed, so anyone hoping for easy cut-and-dried answers will

be forced to think again. The book, which will enlighten both general and specialist readers, includes a full range of documentary references, conferences, organizations, and sources of funding for the cause.

•The New York Journal of Books  
“Erickson-Schroth and Jacobs tackle misinformation head on, and by providing an explanation as to how and why this happens, they humanize the issue.”

•The San Antonio Current  
“This is an ideal book to dispel many pernicious myths that prevent otherwise well-intentioned people from fully understanding the trans experience.”

•School Library Journal  
“A breath of fresh air. This book provides, with equal measures of scholarship and humanity, thoughtful pushback against the most common misconceptions, misunderstandings, and just plain lies about trans people and the people who love them. A book for everyone, *You Are Not in the Wrong Bathroom* will open hearts, change minds, and save lives.”

•Jennifer Finney Boylan, author of *She Is Not There* and *Long Black Veil*  
“Amid all the misinformation about trans lives and people, this is a refreshingly accurate book that covers the most pernicious myths and also has the virtue of being written accessibly. Everyone from therapists and teachers to parents and young people will find the book invaluable.”

•Carol Bernstein, former president of the American Psychiatric Association

Laura Erickson-Schroth, MD, MA (New York, NY), is a psychiatrist working with LGBTQ people in New York City. She is the editor of *Trans Bodies, Trans Selves*, a resource guide written by and for transgender people. Find her at [writerdoctor.com](http://writerdoctor.com).

Laura A. Jacobs, LCSW-R (New York, NY) is a trans and genderqueer-identified psychotherapist, writer, activist, and public speaker working with transgender and gender-nonconforming, LGBTQ+, and sexual/gender diversity issues.

Excellent resource. Explains the various opinions within the transgender community. Has a few surprises. Highly recommend for both the general public and those who are transgender.

This is an excellent book for anyone who wants more information about transgender people. It is very well researched and well written. I enjoyed it immensely.

Purchased as a gift

I very nearly cried. I came out publicly as MtF transgender in September 2016 in the midst of a hormone-related panic after a good six or seven years of soul-searching and research and a grand

total of two weeks of HRT. I was honestly afraid of the reaction, but was lucky enough to get almost nothing but support from friends and family; as I write this in April 2017, I've been full-time girl mode for three months and never been happier. I'm not going to lie though -- I wish I'd had this book a long, long time ago. Most trans people who are already out honestly won't need this book; if my experience is representative, we've all studied the issues in deep detail and there's little in here we wouldn't have found out on our own. However, there's two groups who do need this: one, "new" (i.e. just starting out) trans people who like to find everything in one place and two, allies such as friends and family who don't quite know what to make of their loved one's recent pronouncements. While we as a group have become more visible in recent years, we still face troubles from both the left and the right. We're still dismissed as cross dressers. Trans women, particularly trans women of color, are disproportionately targets for murder and hate crimes, and even people who ought to know better often dismiss transgenderism as merely a "feeling" rather than what it is - an intersex condition on the neurochemical level. (You hear a lot about "basic science" from trans-haters. There is nothing basic about gender, believe me.) I'm glad to see this book come along; it'd be nice to have had it years ago, but now, with right-wing backlash resurgent against LGBT people, this is as good a time as any to dispel the myths about us. I can't imagine a better Trans 101 book than this.

I think this is an interesting book for anyone trying to be informed and sensitive about transgender rights and issues. I highlighted and underlined many different passages that stood out to me. The issue of hierarchies and discrimination with transgender communities was really surprising and saddening. The evolution of identification, medical intervention and acceptance was also very interesting, the book reports that in the 1960s physicians reported that transgendered people were in the range of one in thirty thousand to one in one hundred thousand, more recently the Williams Institute, in 2011, estimated that transgender people are one in every three hundred and thirty people. Details about the lack of surgical residency programs and the lack of board certification for surgeons performing transition surgeries was frightening. The discussion of the use of pronouns and specific anecdotal stories were interesting. I love that Justin Vivian Bond prefers V as their personal pronoun. The statistics of how poorly the trans population is treated in our society was really sad. The impact that living in fear and secrecy has on their health was also sad. There is a lot of hatred for trans people, every third day a transgendered person is murdered in America. This is a frank look at what transgendered people living in America have to face on a daily basis. I would recommend it to anyone who is curious and cares.

"You're in the Wrong Bathroom!": And 20 Other Myths and Misconceptions About Transgender and Gender-Nonconforming People is really a great book to get people who could use some information as how to deal with a transgender in their life. It is well written and covers some very basic but important issues in an easy to understand way. I have several friends who are transgender and I can say that this book does deal with the issues that are common. Such as the of using the proper pronoun (he, she ect..), also using the persons 'dead name' (the name that they were born with that they no longer use) and how these can be hurtful to the person. It can be taken as non acceptance or even just insulting. This book emphasizes the need for communication and how to handle certain topics. How to go about asking questions, what to do if you encounter a situation you are not sure of, and others are well addressed in this book. "You're in the Wrong Bathroom!": And 20 Other Myths and Misconceptions About Transgender and Gender-Nonconforming People can be a very handy reference guide as to how to understand the feelings of others. It would make a good educational book as well in classes dealing with these topics. Well written and the info is very accurate.

This book brings home the reality of the many people who are transgender or intersexed. We are reminded that both have been on the planet since the very beginning. It also reminds the reader that sexuality and gender are on a spectrum. Not everyone fits into a clear definition. And, once again, it has been like that Through the Ages, despite the current remnants of our Victorian and misinterpreted biblical beliefs. With a lot of facts, and a little humor, it blows away some of those common myths that most people have at least pondered, if not believed to be fact. It's also a bit of a wake-up call, if you believed a lot of the propaganda about what any particular group of people is all about. It addresses some of the subcultures of subcultures. No, not all feminists think alike. Not all gay people think alike, not by a long shot. Most of all, in my opinion, it's a reminder to pay a little less attention to the clothes or outward appearance of those who occupy areas that are traditionally 'skirts or pants' types of places, such as restrooms.

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